

little packages

Massage for mums and little ones



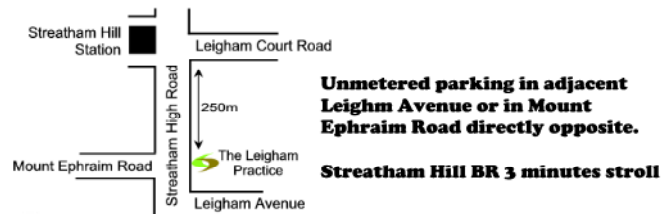
Having a baby is a very special time in a woman's life, but it can leave you feeling a little drained!

Massage is a superb way of energising yourself and can be a wonderful way of bonding with your new arrival.

Enjoy a blissful hour's massage for £36 with our therapists, or book our 'Little Packages' course of 4 one hour pregnancy massage treatments and we'll include:

- ✿ **A bottle of 'Mother Earth' Organic Baby Massage Oil (rrp £11.55)**
- ✿ **Advice on soothing massage techniques for bonding with baby and to help ease colic and improve sleep patterns**
- ✿ **Wonderful, relaxing massages for you!**

Visit us at
www.leighampractice.com
or call
(020) 8769 7409



Our Essential Oils are certified 100% organic and all our carrier oils are ethically produced